8.20B: Classification and Identification of Helminths

Helminths, or parasitic worms, are eukaryotic parasites characterized by their ability to feed and live on living hosts.

Learning Objectives

• Recall the attributes of helminths

Key Points

• The major groups of parasitic helminths include: platyhelminths (flatworms), acanthocephalins (thorny-headed worms) cestodes (tapeworms), trematodes (flukes) and nematodes (roundworms).
• The classification and identification of helminths are dependent on numerous factors including body shape, body cavity, body covering, digestive tubing, sex and type of attachment organs.
• Parasitic worms disrupt the ability of a host to receive and obtain nourishment.

Key Terms

• acetabulum: A large posterior sucker, for example that of leeches.
• tegument: A natural covering of the body or of a bodily organ.
• bothridia: A sucker or attachment organ on a parasitic worm.

Helminths are large, multicellular organisms that are visible to the eye once in the adult stage of their life cycle. Helminths and multicellular eukaryotes, can either be free-living or parasitic.
In their adult form, helminths are unable to multiply in humans and utilize numerous mechanisms of transmission to ensure reproductive success. These parasites live in and feed on hosts which allow them to obtain nourishment while disrupting the hosts' nutrient absorption. Parasitic worms are commonly found within the intestine and thus, are called intestinal parasites. They are able to live in both humans and animals.

The major groups of parasitic helminths include:

- **platyhelminths** (flatworms)
- **acanthocephalins** (thorny-headed worms)
- **cestodes** (tapeworms)
- **trematodes** (flukes)
- **nematodes** (roundworms).

![Image of a tapeworm](image)

**Figure: Helminths**: Image of a tapeworm, specifically an adult Ascaris lumbricoides worm.

The classification and identification of helminths are dependent on numerous factors including body shape, body cavity, body covering, digestive tubing, sex and type of attachment organs.

Platyhelminths (flatworms) include both trematodes (flukes) and cestodes (tapeworms). Specifically, tapeworms are characterized using the above criteria and are organized in a segmented plane. They lack a body cavity and have a **tegment** body covering. Tapeworms lack a digestive tube and are hermaphroditic. They utilize suckers or **bothridia**, and **rostellum** with hooks for an attachment organ.

Trematodes are characterized by an unsegmented plane for body shape. They also lack a body cavity and have a tegument for body covering. However, the digestive tube for trematodes ends in the cecum. Trematodes are hermaphroditic and utilize oral suckers, ventral suckers or **acetabulum** for attachment organs.

Nematodes are characterized by a cylindrical body shape and do indeed have a body cavity. Its body covering is a cuticle and the digestive tube ends in the anus. The sex of nematodes is **dioecious** (distinct male and female organisms). Lastly, their attachment organs range from lips, teeth, filariform extremities and dentary plates.